



Fresh Thinking!

The Bushey Academy is delighted to announce that Cucina - pronounced “Cuchina” (the Italian word for kitchen or a place where food is prepared) have been appointed to manage the catering services at The Academy and will commence their contract at the start of the summer term.

Cucina’s success has been built on its reputation for excellent food, which is cooked on site using fresh ingredients, and its high service standards. Students will be able to see dishes being freshly prepared. Items such as home-made pizza, fresh bread made on the premises daily and a wide variety of freshly prepared main meals, salads, sandwiches, fruit pots and desserts, as well as mouth watering homemade muesli bars, muffins and cakes, will all be prepared fresh in our kitchens daily.

Cucina’s philosophy centres on the premise that eating well is crucial to improving ability and behaviour, as well as academic and athletic success. Cucina promise to make meals fun and to help students broaden their knowledge and appreciation of food.

What students will see:

- the use of fresh, locally sourced ingredients
- the use of home grown herbs and selected vegetables
- theme days linked to the curriculum
- taste trials for new dishes and unusual foods
- fresh food prepared in our kitchens every day.

In addition:

- all eggs will be free range
- all bananas will be fair trade
- 90% of the menu will be home made
- 80% of vegetables and fruit will be sourced from within the UK
- the majority of meat used will be red tractor approved and sourced from Great Britain



- all the fish will be farmed from sustainable stocks (MSC approved)
- all the coffee and chocolate used will be fair trade.

As well as a fantastic range of foods for breakfast, break and lunch each day, Cucina will also offer an enhanced “Take Away Service”. On offer will be items such as rotisserie chicken and freshly baked 14” pizza, all boxed and ready to take away at the end of the day.

Attached are details of Cucina’s menu cycle and tariffs. All items are competitively priced. For those on free school meals, Cucina will offer any two items from the vast daily menu, regardless of price, in order to ensure that every student is able to enjoy a well-balanced and nutritious meal each day.

We look forward to working with Cucina to develop the catering services at the academy and welcome any comments that you or your child would like to share with us.

For further information, or if you wish to comment on any aspect of the service, please contact Mrs Nasser-Green, Business Director, at The Bushey Academy.

